

Cantaloupe and Strawberry Soup

~~ an easy and quick summer soup ~~

Ingredients:

1 cantaloupe peeled, seeded, and put into pieces
1 pint strawberries topped and cut in half
2 tbsp. of plain yogurt

- Put the cantaloupe into a blender and puree at high speed until smooth
- Add strawberries and puree
- Add 2 Tbsp of yogurt
- Puree until smooth
- Chill in the refrigerator until ready to use
- Serve cold
- Garnish with fresh mint, a small dollop of yogurt or whipped cream, and fresh berries

